

Key Stage 1 Provision

Objectives for End of Key Stage 1

At School

Pupils develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They are also able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils are taught to:

- Master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities.
- Participate in team games, developing simple tactics for attacking and defending.
- Perform dances using simple movement patterns.

How can you help?

You can help your child by ensuring that he/she always has their P.E. kit in school at all times and that they are provided with the opportunity to eat healthily and have the recommended amount of sleep. For more information on supporting healthy living visit the government website <http://www.nhs.uk/change4life/Pages/why-change-for-life.aspx>.

In addition, there are many opportunities in the community to take part in different activities and sports which will support your child's physical development and aid their understanding of the importance of leading a healthy, active lifestyle.

Clothing for PE Activities

Dance/gym—Shorts, T-shirt, bare feet

Indoor games—Shorts, T-shirt, bare feet/pumps

Athletics/games—Winter - tracksuit, jogging suit, outdoor trainers/pumps

Summer - shorts, T-shirt, pumps

Swimming—Swimming costume or trunks, named swimming cap, goggles with parental consent

Health and Safety

The general teaching requirement for health and safety applies in this subject. We encourage the children to consider their own safety and the safety of others at all times. We expect them to change for P.E. into the agreed clothing for each activity area. The Governing Body expects the teachers to set a good example by wearing appropriate clothing when teaching P.E. The policy of the Governing Body is that no jewellery is to be worn for any physical activity. Children are also made to warm up and cool down before and after any sporting activity. Risk assessments are carried out for all activities undertaken inside and outside of the school grounds.

Health and wellbeing

A crucial part of physical education is an acknowledgement of the role of health and wellbeing in a child's development. Explicit links are made within our vision statement and our physical education provision in order to outline the importance of this matter which informs our planning and delivery of high-quality P.E. lessons.

STRADBROKE PRIMARY SCHOOL



Physical Education at Key Stage One

Stradbroke Primary School





Physical Education



Our Trust Vision Statement;

Sport forms an integral part of a pupil's life at Stradbroke Primary School. The school's aim is to encourage healthy living, inclusion and ensure progression and enjoyment in all areas of Physical Education. Crucially, we believe that every child should be given the opportunity to develop their potential to the very best of their abilities in competitive and non-competitive sports. For this reason we provide pupils with the opportunity to gain fulfilment and a love of sport which will stay with them for life.

Alongside the two PE lessons which pupils participate in each week, they are also encouraged to commit to at least one team sport in the after-school activities programme, (we work hard to provide pathways to local sports clubs, as well as community clubs), although pupils are encouraged to pursue other talents and interests as well. We provide access to School Games, as well as Forge School Sport Partnership competitions, for all year groups. Through competition and challenge we want pupils to be able to celebrate the occasions when they are successful, whilst realising that sportsmanship and fair play have a key role to play in the sporting world and their adult life.

We in our Trust Primary Schools believe in the value of P.E. and Sport. We have committed to buying the 'Elite' package of Forge School Sport Partnership with our 'P.E. and School Sport Grant [Sport Premium]. For more information about Forge SSP and the competitions we participate in, please refer to the Forge SSP website (www.forge-ssp.co.uk).

Aims

In P.E. lessons pupils should be taught to;

- Be physically active, demonstrating knowledge and understanding through movement.
- Maintain and increase mobility and flexibility and develop stamina and strength.
- Develop the capacity to express ideas in dance and appreciate quality of movement.
- Develop a sense of fair play, competition and sportsmanship.
- Develop self-confidence through understanding their capabilities and limitations.
- Understand the role of exercise in maintaining their health.
- Appreciate the need for safety; using and handling equipment safely.

Sport Premium

This grant [also known as the 'Sport Premium'], is approximately £9,250 for our school, which will be given annually for 2013/14 and 2014/15 from the Department of Education and Department of Health in order to improve the teaching and quality of our physical education provision. Information on how we are spending this money is available on our school website (<http://www.stradbroke.sheffield.sch.uk/curriculum-links/physical-education>).

SEN/Integrated Resource

P.E. forms part of the school curriculum policy to provide a broad and balanced education to all children. At our school we teach physical education to all children whatever their ability. Through our P.E. teaching we provide learning opportunities that enable all pupils to make progress. We do this by setting suitable learning challenges and responding to each child's different needs. Assessment against the National Curriculum also allows us to consider each child's attainment and progress against expected levels.

In order to support children with Special Educational Needs we refer to Individual Education Plans and look at a range of factors such as teaching materials, teaching style and differentiation so that we can enable the child to learn effectively. Children within our Integrated Resource have the opportunity to take part in regular class P.E. sessions as well as planned, bespoke activities.

When pupil progress is significantly above the expected range we ensure that the child's needs are met by a range of different actions such as extension materials and open-ended problem solving and we will endeavor to work with parents to extend their opportunities to develop their skills further.

